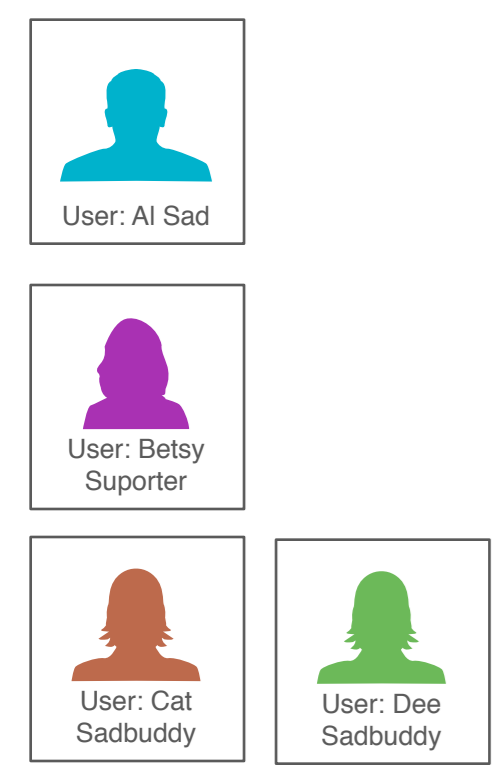
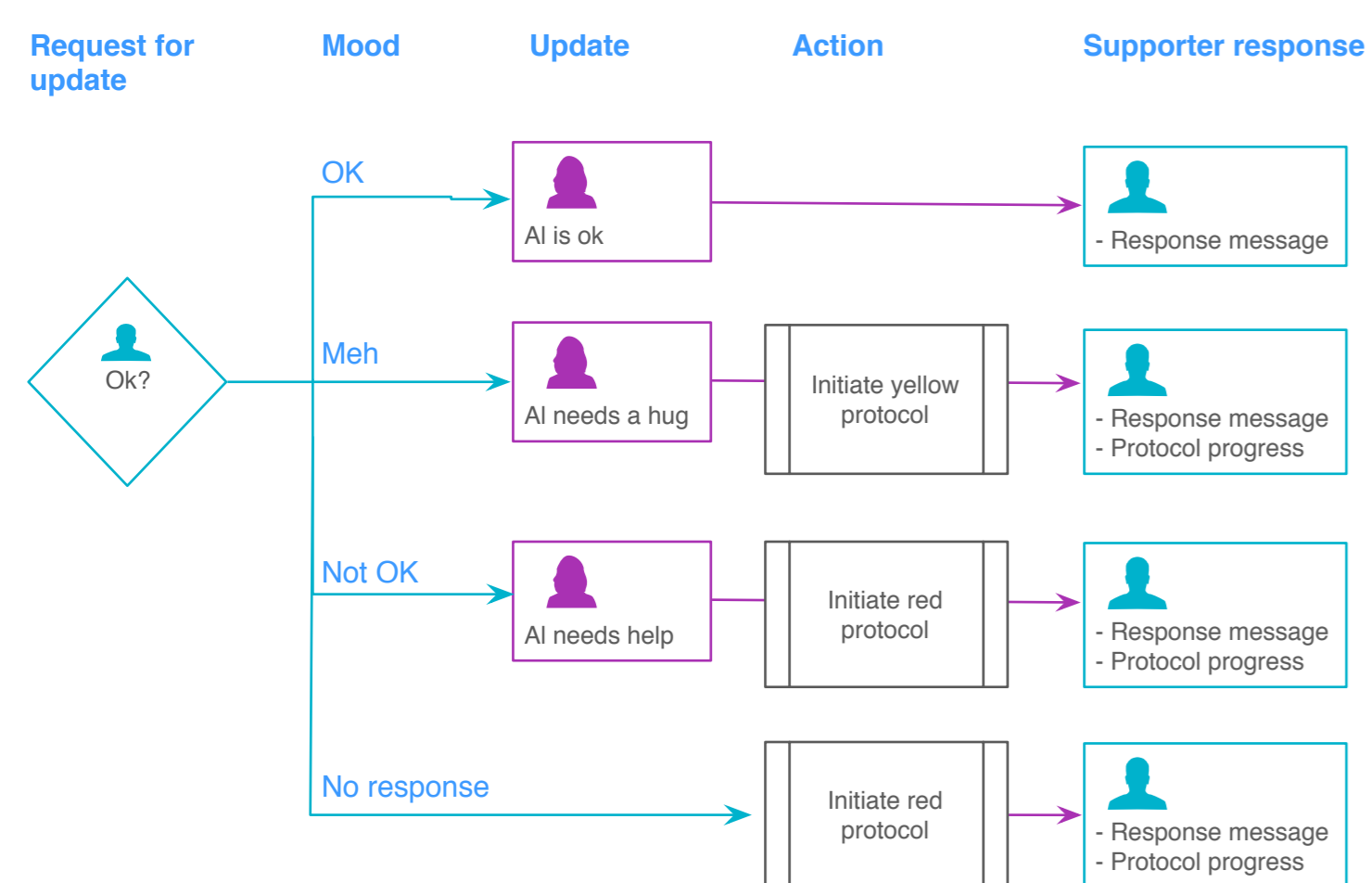


## Onboard Flow



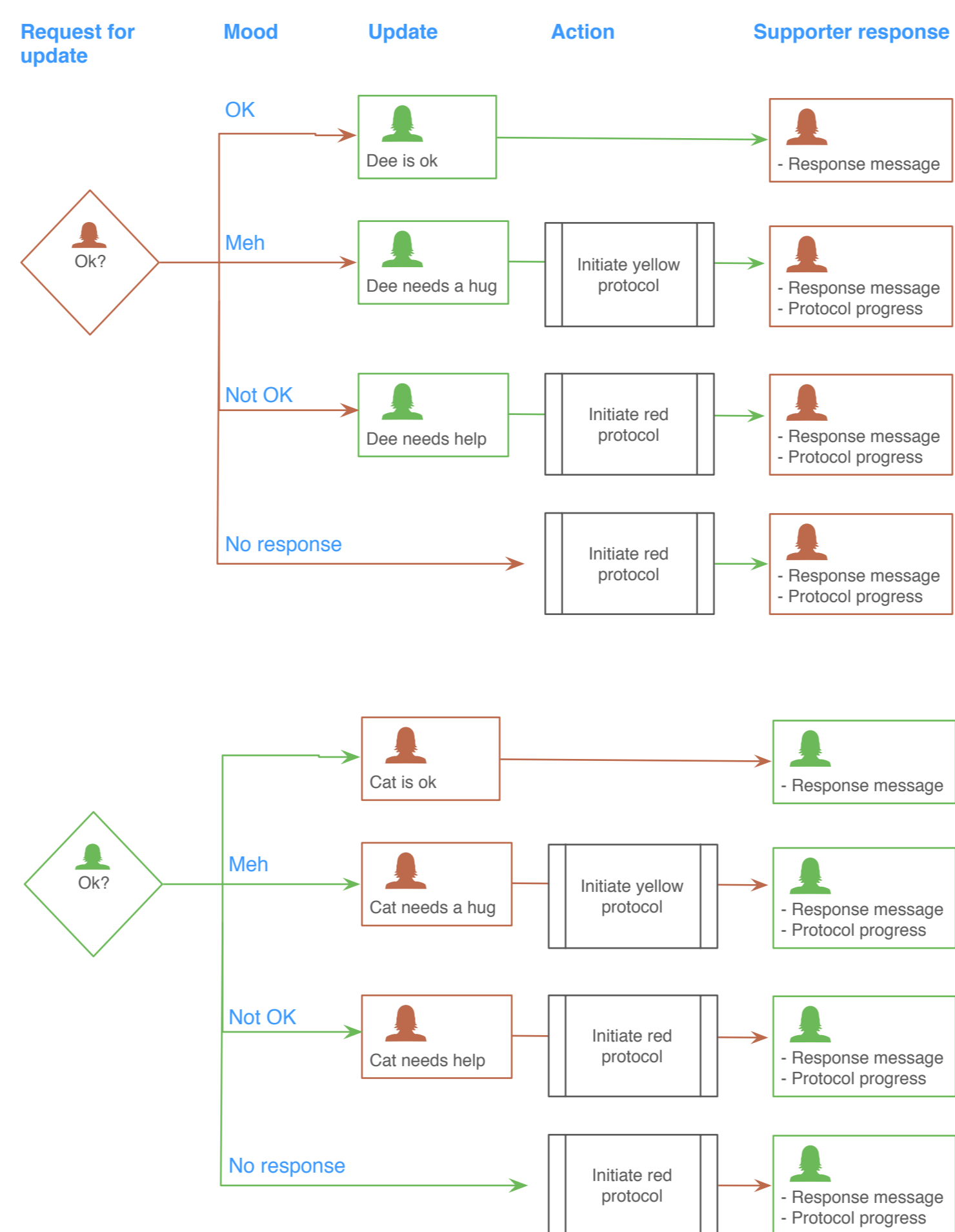
## Daily Flow: Al Sad & Betsy Caregiver

Al and Betsy have agreed that Al will send a daily mood update.  
System sends mood update request.  
Al has [user defined] hours to respond.  
Betsy sends custom response or auto-generated response.



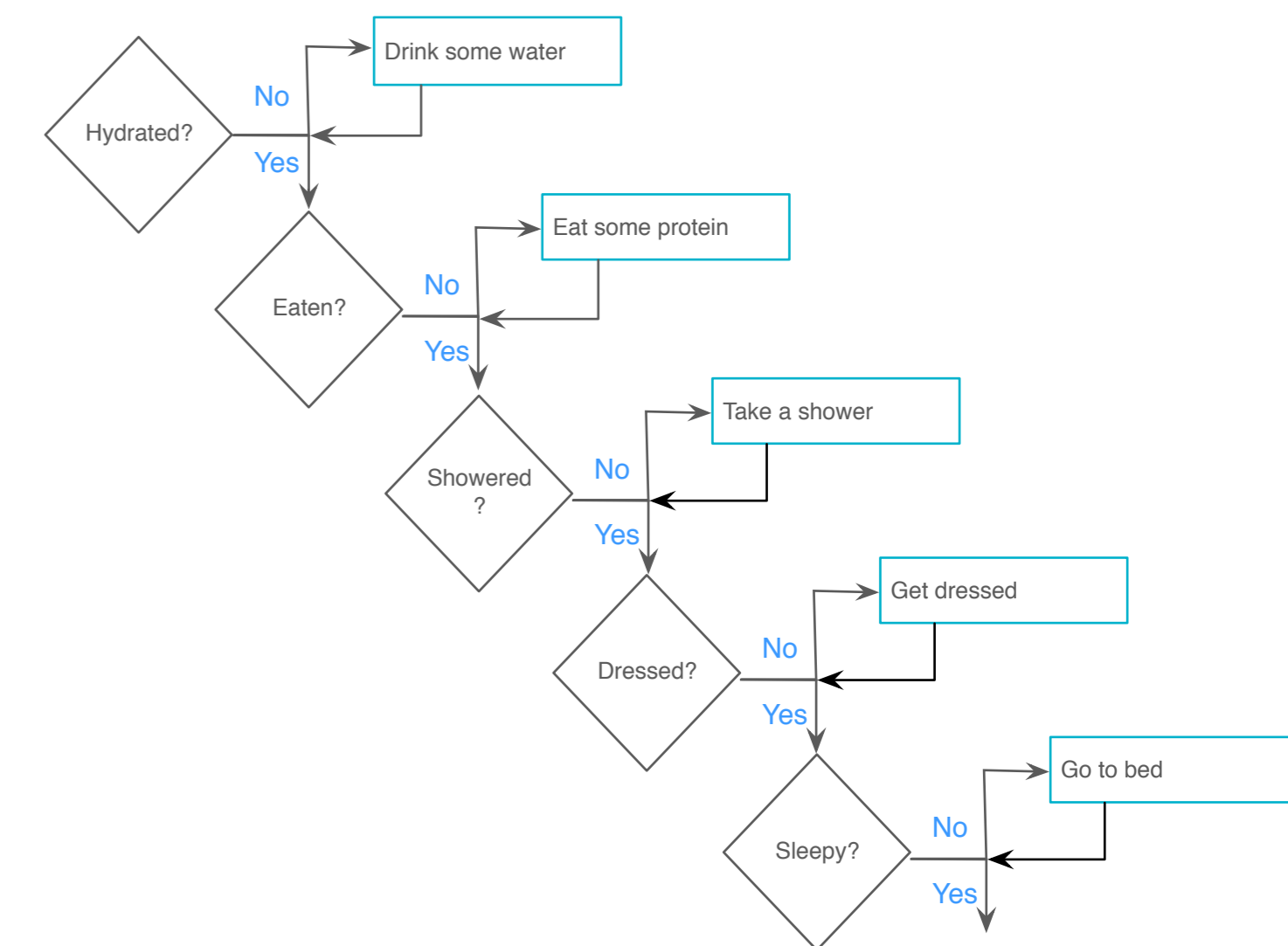
## Daily Flow: Cat Sadbuddy & Dee Sadbuddy

Cat and Dee agreed to be check-in buddies.  
Each gets a mood update request.  
Each has [user defined] hours to respond.  
Each sends custom response or auto-generated response.



## Solo Flow: Al Sad Self-Monitoring

Al is feeling down.  
App quizzes all on his healthy habits



## Sample Yellow Protocol Flow